

## Telephone Interventions with Older Adults: Selected References

---

Barrera, T. L., Cummings, J. P., Armento, M., Cully, J. A., Bush Amspoker, A., Wilson, N. L., Mallen, M. J., Shrestha, S., Kunik, M. E., & Stanley, M. A. (2017). Telephone-delivered cognitive-behavioral therapy for older, rural Veterans with depression and anxiety in home-based primary care. *Clinical Gerontologist: The Journal of Aging and Mental Health*, *40*(2), 114–123. <https://doi-org.ezproxy.umsl.edu/10.1080/07317115.2016.1254133>

Brenes, G. A., Danhauer, S. C., Lyles, M. F., Anderson, A., & Miller, M. E. (2016). Effects of telephone-delivered cognitive-behavioral therapy and nondirective supportive therapy on sleep, health-related quality of life, and disability. *The American Journal of Geriatric Psychiatry*, *24*(10), 846–854. <https://doi-org.ezproxy.umsl.edu/10.1016/j.jagp.2016.04.002>

Brenes, G. A., Danhauer, S. C., Lyles, M. F., Hogan, P. E., & Miller, M. E. (2015). Telephone-delivered cognitive behavioral therapy and telephone-delivered nondirective supportive therapy for rural older adults with generalized anxiety disorder: A randomized clinical trial. *JAMA Psychiatry*, *72*(10), 1012–1020. <https://doi-org.ezproxy.umsl.edu/10.1001/jamapsychiatry.2015.1154>

Czaja, S. J., Lee, C. C., Perdomo, D., Loewenstein, D., Bravo, M., Moxley, J. H., & Schulz, R. (2018). Community REACH: An implementation of an evidence-based caregiver program. *The Gerontologist*, *58*(2), e130–e137. <https://doi-org.ezproxy.umsl.edu/10.1093/geront/gny001>

Dear, B. F., Zou, J. B., Ali, S., Lorian, C. N., Johnston, L., Sheehan, J., Staples, L. G., Gandy, M., Fogliati, V. J., Klein, B., & Titov, N. (2015). Clinical and cost-effectiveness of therapist-guided internet-delivered cognitive behavior therapy for older adults with symptoms of anxiety: A randomized controlled trial. *Behavior Therapy*, *46*(2), 206–217. <https://doi-org.ezproxy.umsl.edu/10.1016/j.beth.2014.09.007>

Helstrom, A., Haratz, J., Chen, S., Benson, A., Streim, J., & Oslin, D. (2018). Telephone-based management of chronic pain in older adults in an integrated care program. *International Journal of Geriatric Psychiatry*, *33*(5), 779–785. <https://doi-org.ezproxy.umsl.edu/10.1002/gps.4860>

## Telephone Interventions with Older Adults: Selected References

---

Koenig, H. G., Pearce, M. J., Nelson, B., Shaw, S. F., Robins, C. J., Daher, N. S., Cohen, H. J., Berk, L. S., Bellinger, D. L., Pargament, K. I., Rosmarin, D. H., Vasegh, S., Kristeller, J., Juthani, N., Nies, D., & King, M. B. (2015). Religious vs conventional cognitive behavioral therapy for major depression in persons with chronic medical illness: A pilot randomized trial. *Journal of Nervous and Mental Disease*, 203(4), 243–251. <https://doi-org.ezproxy.umsl.edu/10.1097/NMD.0000000000000273>

Morthland, M., Shah, A., Meadows, J. T., & Scogin, F. (2019). Development of an audio and computer cognitive behavioral therapy for depression in older adults. *Aging & Mental Health*. <https://doi-org.ezproxy.umsl.edu/10.1080/13607863.2019.1609901>

Shah, A., Morthland, M., Scogin, F., Presnell, A., DiNapoli, E. A., DeCoster, J., & Yang, X. (2018). Audio and computer cognitive behavioral therapy for depressive symptoms in older adults: A pilot randomized controlled trial. *Behavior Therapy*, 49(6), 904–916. <https://doi-org.ezproxy.umsl.edu/10.1016/j.beth.2018.06.002>

Steffen, A. M., & Gant, J. R. (2016). A telehealth behavioral coaching intervention for neurocognitive disorder family carers. *International Journal of Geriatric Psychiatry*, 31(2), 195–203. <https://doi-org.ezproxy.umsl.edu/10.1002/gps.4312>

Titov, N., Dear, B. F., Ali, S., Zou, J. B., Lorian, C. N., Johnston, L., Terides, M. D., Kayrouz, R., Klein, B., Gandy, M., & Fogliati, V. J. (2015). Clinical and cost-effectiveness of therapist-guided internet-delivered cognitive behavior therapy for older adults with symptoms of depression: A randomized controlled trial. *Behavior Therapy*, 46(2), 193–205. <https://doi-org.ezproxy.umsl.edu/10.1016/j.beth.2014.09.008>

Watson, M., White, C., Lynch, A., & Mohammed, K. (2017). Telephone-delivered individual cognitive behavioural therapy for cancer patients: An equivalence randomised trial. *Psycho-Oncology*, 26(3), 301–308. <https://doi-org.ezproxy.umsl.edu/10.1002/pon.4338>

Wuthrich, V. M., & Rapee, R. M. (2019). Telephone-delivered cognitive behavioural therapy for treating symptoms of anxiety and depression in parkinson's disease: A pilot trial. *Clinical Gerontologist: The Journal of Aging and Mental Health*. <https://doi-org.ezproxy.umsl.edu/10.1080/07317115.2019.1580811>