

PLTC's Philosophy

"Long-Term Care" Evolves

The concept of "long-term care" (LTC) is changing rapidly. No longer a function of location in which services are provided, LTC suggests a range of supportive services provided over an extended period of time to meet an individual's psychological, spiritual and physical health care needs.

PLTC member roles vary on a "long-term care continuum", ranging from home-based primary care "house calls", to services provided in hospitals, skilled nursing facilities and other care centers. With a rapidly growing segment of younger adults needing supportive care, the age range in LTC has expanded considerably, requiring an augmented role for PLTC members and other professionals providing care for these individuals.

We function in a variety of clinical, academic, and government settings in both urban and rural areas across the United States and Canada. We hope to further expand our member outreach to include additional colleagues and friends across the globe.

Regardless of a patient's age or residential location, PLTC members strive to provide respectful, culturally appropriate, empirically based, equitable and "person-centered" care to all, in an effort to optimize patient, family and staff harmony and quality of life.

PLTC Leadership

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**"To care for those who
once cared for us is one of
the highest honors."**

.... Tia Walker



PLTC
Psychologists
in Long Term Care

*Best Practices in
Long-Term Care
& Beyond*

PLTCWEB.ORG

Changing Times in LTC

Research

PLTC is a leader in the field of innovative research focused on improving the lives of adults, facility residents, staff and families in long-term care.

Education

PLTC is committed to educating the public and all stakeholders regarding the mental health needs of adults in long-term care.

Clinical Services

PLTC members wrote the "Standards for Psychological Services in Long Term Care Facilities" and continue to provide standards on cutting-edge mental health interventions.

Advocacy

PLTC's Public Policy Committee has worked tirelessly in promoting legislation that maintains and expands mental health services.

Consultation

PLTC members provide consultation toward program development, public awareness, and mental health services in LTC.

Benefits of Membership

- Diverse, quarterly newsletters
- Online Subscription to the *Clinical Gerontologist*
- PLTC electronic listserv for membership discussion of professional issues and inquiries
- Newsletter archive
- One yearly meeting held at the American Psychological Association and a second teleconference meeting
- Numerous networking opportunities
- Practice development resources
- Clinical tools and resources
- Medicare and Medicaid updates
- Information for Consumers
- Social media information
- "Curbside consults" w/experts
- Opportunities to volunteer and make a difference!

Clinical & Consulting Services by Members

- Individual, Group & Family Therapy
- Psychological Assessment
- Patient Care planning
- Staff Consultation, Training & Development
- Legislative Advocacy
- Consumer Education
- End-of-Life Planning
- Palliative Care & Grief Therapy

Easy Steps to Membership

- 1.) Go to www.pltcweb.org
- 2.) Complete and submit online (or hard copy) membership application
- 3.) Remit payment
- 4.) Join PLTC listserv
- 5.) Get involved!